

Bariatric Surgery Review Questionnaire (Quiz)
(Please complete **AFTER** the surgeon's presentation)

Patient Name: _____

Date: _____

Please read each question carefully, then write **T** (true) or **F** (false) on the line next to the statement.

1. ___ Besides the different types of obesity surgery, there are other forms of weight loss programs such as prescription medications, diet and exercise and medically supervised diets that can help a person lose weight.
2. ___ Diabetes, high blood pressure, back pain and similar ailments are **guaranteed** to get better after obesity surgery.
3. ___ Staple or suture lines may leak and result in infection, re-operation, prolonged ICU stay or communication between the stomach and the skin.
4. ___ Behavior modification is an important part of obesity surgery and will enhance the success of weight loss.
5. ___ Re-operation is sometimes necessary due to bleeding hernias, ulceration, bursting of stitches or staples, leakage, blockage of the intestines or stomach, development of symptomatic gallstones or other causes.
6. ___ This operation for obesity will commit me to periodic physician follow-up visits for the rest of my life.
7. ___ Weight loss is **guaranteed** after obesity surgery.
8. ___ After gastric bypass, sugars may cause **dumping syndrome**.
9. ___ After obesity surgery, the patient is committed to taking vitamin and mineral supplements, as well as having periodic nutritional assessments/studies made **for life**. This may include periodic vitamin injections.
10. ___ Death is a potential complication of the gastric bypass surgery.
11. ___ Regular exercise is **not** recommended after obesity surgery and does not affect the amount of weight that one ends up losing.
12. ___ Weight loss through obesity surgery involves exercise, changes in the types of food consumed, liquids taken in, the number of meals eaten and how thoroughly the food is chewed.
13. ___ Monthly support group meetings are a crucial part to the success of obesity surgery.
14. ___ Patients **never** feel nauseated or vomit after obesity surgery.
15. ___ Patients can feel quite miserable for the first 24 hours after surgery.
16. ___ Changes in bowel habits may occur and could include diarrhea, constipation, gas and/or foul smelling stool.
17. ___ One **cannot** gain the weight back after obesity surgery.
18. ___ Obesity surgery is an easy operation and **not** a very risky one.
19. ___ Complications are **always** infrequent and minor after obesity surgery, so it is important not to bother the doctor after hours.
20. ___ Smoking increases the risk of complications in all surgeries and is highly discouraged before and after surgery.
21. ___ Women of child bearing age are encouraged to use two forms of contraception for the first year as pregnancy during this period may endanger the life of the mother and child

Signature of test-taker: _____